



Hesston

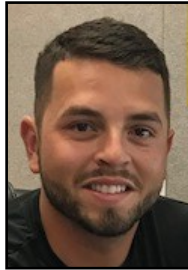
Recreation & Community Education

2019 Summer Catalog

From the rec director's desk:

We have almost made it through the treacherous cold winter season and are full steam ahead toward summer. Join us as we continue to expend our activities provided by HRCE.

Baseball and softball received a makeover this winter with some rule changes taking place for the upcoming season. Please make sure to check over the available options for this summer. Looking to play men's slowpitch but can't put together a team? Call the office and we can get you on a list!



Year two in the Hesston Aquatic Center is just as exciting as last year. Whether it's cooling off after a long summer day or getting this kids in swim lessons, there's plenty at the HAC for everyone. Enjoy a little more deck space and plenty of sun. Purchase your pool passes through the HRCE office!

Don't miss our second-annual Hesston HayDay! This year's activities will include a home run derby, concert and fireworks. We will kick off the day with our first ever Blue Sky Tri. This triathlon will consist of a 200-yard swim, 10-mile bike, and 5K run. You can enter as an individual or split the race up amongst your friends.

As always, feel free to reach out anytime to discuss activities, questions or concerns!

- Skylar Hill

303 Park Rd

620.327.2989

Skylar.hill@usd460.org

RECREATION COMMISSION

Pat Lewis, chairman
 Derek Roth
 Chad Fuqua
 Becky Tozier
 Kris White, treasurer

TABLE OF CONTENTS

Adult pick-up basketball	29
Baseball & softball	22-26
Big Fit	54
Blue Sky Tri	9
Bluestem Wellness Centers	55
Calendar and deadlines	60
CAMPS:	
Boys basketball camp	41
Football camp (1st-6th)	28
Girls basketball camp	40
Middle school football camp (4th-7th)	37
Soccer camp.....	5
Volleyball camp	42
Citywide garage sale	45
Day trips for kids.....	19
Disc golf	29
Dyck Arboretum.....	46
Easter egg hunt	4
Flag football (fall sport)	30
HayDay & Blue Sky Tri.....	8-9
Hesston Aquatic Center	10-18
Hesston Area Senior Center happenings.....	50
Hesston College disc golf.....	57
Hesston College Sophomore & Junior Day.....	58
Hesston College Theatre.....	56 & 59
Hesston Football Club	36
Hesston Kids Connect.....	52
Hesston public facilities rentals	39
Hesston Public Library	47
Hesston Rec general information	2 & 3
Hesston Rec staff & summer staff.....	3 & 29
Home Sweet Hesston	48
Junior golf	49
Junior tennis	27
Kids classes (cooking/art/sewing/STEM/tumbling)	20-21
Lil' Cheer Camp	51
Lovin' the Real H' Town camp.....	35
Men's softball.....	25
Movie event "Small Foot"	7
nErDcampKS Kids.....	34
Outdoor soccer (fall sport)	31
Pace Race 5k	45
Phone numbers	3
Pitching machine practice	25
Scholarship & late fee information	3
Schowalter Villa kids volunteer program	44
Sports physicals	53
Succulents class.....	6
Swim lessons.....	11 & 14-17
Swim team	11 & 18
Tulsa trip for adults	33
Vacation Bible School	43
Volleyball (girls fall sport)	32
Youth track meet	38

Hesston Recreation & Community Education

■ STAFF:

Skylar Hill, director, skylar.hill@usd460.org

Christine Wyrick, office manager, christine.wyrick@usd460.org

Susan Lamb, community engagement director, lamb36@yahoo.com

Renee Ewert, Hesston Aquatic Center manager



■ **Office phone numbers:** 620-327-2989 or 620-327-7128

■ **Pool phone:** 620-327-2727 (call for pool-related cancellations)

■ **Address:** 303 Park Road, P.O. Box 927, Hesston, KS 67062

■ **Office hours:** 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and
8:30 a.m. to 3:30 Fridays

STAY CONNECTED:

■ **Web site:** www.hrce.org

■ **Facebook:** Hesston Recreation



Information

SCHOLARSHIPS AVAILABLE

Hesston Recreation is pleased to offer scholarship opportunities based on the following policy:

Those on free or reduced-price lunches through USD 460 are eligible for a 50 percent scholarship. Those on KanCare Insurance will receive a 100 percent scholarship. There is a \$75 -per-child limit per fiscal year. Our fiscal years run July 1 through June 30 of the following year. No scholarships will be offered on pool passes. Proof of KanCare Insurance will be required.

LATE REGISTRATION POLICY

Registrations submitted after the registration deadline will be assessed a \$10 late fee. Late registrations are accepted based on space availability in the activity. Families that recently

relocated to USD 460 will be exempt from the late fee.

EQUIPMENT FOR LOAN

Hesston Recreation has various types of equipment available for free loan to Hesston USD 460 residents and patrons. Check with us by calling 327-2989 to reserve these items: 5- or 10-gallon coolers, softball equipment, pickleball equipment, soccer balls & more!

PHOTOS AT HRCE EVENTS

By participating in HRCE activities, consent is provided to Hesston Recreation and Community Education to use images taken at the events for marketing purposes. If you would like to opt out, please notify Hesston Recreation at 620-327-2989.



Hop into the event on April 19

Hesston Recreation and Golden Plains Credit Union will continue the longtime tradition of a community Easter Egg Hunt for children on Friday, April 19.

The annual Easter Egg & Candy Hunt in Hesston will be at 10 a.m. Plenty of eggs and candy will be hidden!

Hesston Recreation will provide the Easter eggs and candy, and Golden Plains Credit Union of Hesston will furnish buckets for gathering goodies. The hunts will be at the following locales, with an area reserved for each age group.

The age groups and locations are:

- 0-3 year olds at King Park at Ridge Road and Lincoln Boulevard
- 4-5 year olds at King Park
- 6-7 year olds at Heritage Park off of Ridge Road across from Hesston High School
- 8-9 year olds at Hesston Middle School

In case of inclement weather, the hunt will be in the Hesston Middle School gym.

Golden Plains Credit Union will have cookies and a drawing for a large Easter basket after the hunt at the branch, 140 N. Main St. in Hesston.

For more information, call Hesston Recreation at 327-2989.

Youth soccer camp offered for 1st-7th graders

The Hesston College women's soccer team and Hesston Recreation are teaming to offer a youth soccer camp for 1st-7th graders. Players from the successful Hesston College women's soccer program and camp director Bryan Kehr look forward to providing soccer skills training and small sided game experience to your child. Kehr holds a national coaching license from the National Soccer Coaches Association.



WHO: 1st-7th grade boys & girls

DATES/TIMES: The clinic will be on three Sundays: April 7, 14 and 28 (**NOTE: THE ORIGINAL DATE OF APRIL 21 HAS BEEN MOVED TO APRIL 28 TO AVOID EASTER**). The times are: 1st-4th grades from 1:30—2:45p.m.; 5th—7th grade from 3—4:15p.m.

WHERE: Hesston College Campus Activity Center, which is built for indoor soccer.

COST: \$30 includes a team T-shirt and soccer ball. A \$10 fee will be added to registrations turned in after Friday, March 22.

SIGN UP: Register by going to www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

DEADLINE: Registrations are due Friday, March 22.

FOR MORE INFORMATION:

Contact Hesston Recreation at 327-2989
or recreation@hrce.org



ADULT PROGRAMMING



NO GREEN THUMB NEEDED!!

Head into spring with some new ideas for inside and out!
Stone Creek Nursery Succulent Planting Class

Saturday, March 30 * 10 A.M.
\$30 includes plants, container and instruction.

Participants younger than 14 must be w/ an adult.



Register at hrce.org or with the form below by March 22.

Those who have questions should contact Susan Lamb at lamb36@yahoo.com. Return paper forms to Hesston Recreation, 303 Park Road.

HESSTON RECREATION REGISTRATION —STONE CREEK SUCCULENT CLASS

Name _____

Address _____

Phone _____ Email: _____

HRCE and Stone Creek Nursery assume no responsibility for accidents or injury related to this event. If I have special needs I will let Hesston Recreation know before the event. HRCE reserves the right to use photos of HRCE participants for promotional purposes.

Participant signature _____ Date: _____

**FREE COMMUNITY
MOVIE**

“SMALL FOOT”

**Celebrate St. Patrick’s Day
Sunday, March 17**

4 p.m.-HHS Auditorium

**Hosted by
Hesston Recreation &
Community Education**



**Admission is free. We will be collecting personal
care items for the Hesston Resource Center -
shampoo/conditioner, toothpaste, shower gel &
soap**

**THANK YOU!
HRCE MOVIES SPONSORED BY:**



PREHEIM & PERRY
FINANCIAL GROUP, INC.
MAKING YOUR GOALS OUR OBJECTIVES

620.327.2999 WWW.PPFG.COM Hesston, KS

Returning Memorial Day, May 27...

**HESSTON HAYDAY!!!
More FUN Than Ever**

On the Schedule:

Blue Sky Tri—new triathlon

Aqua challenge

Home run derby

FREE community meal

“The Sandlot” movie

SASSANACHS-Irish Band

FIREWORKS!

Get the family home for this one!



Blue Sky Tri 2019

Join us for the Blue Sky Tri at 9 a.m. Monday, May 27 at the Hesston Aquatic Center, 350 N. Ridge Road in Hesston, KS. The event is for all ages & genders. Individual & team registrations will be accepted.

The triathlon (sprint) will consist of a 200-yard swim, 10-mile bike ride and 5k run.

The race will be held rain or shine.

Register at www.hrce.org through May 23. Those who register after May 17 will not receive a shirt. Registrations also will be accepted on race day starting at 7:30 a.m. (no shirts). There are no refunds.

An award ceremony will follow at Hesston Aquatic Center. Prizes will be awarded for top males, females & teams.

The race is sponsored by Hesston Recreation.

The Blue Sky Tri is part of a fun-filled day of events as part of our Hesston HayDay celebration. The events will include food, entertainment, fireworks, movies, ball games & more! All are welcome!

For more information email recreation@hrce.org or call 620-327-2989.

Shirt info: White shirts with aqua and navy ink. Shirts are short-sleeve tri-blend unisex shirts.

Costs: \$45 individuals; \$65 for teams.

TIME SCHEDULE::

7:30 a.m. – Registration table opens

7:45 a.m. - Athlete check-in begins & transition area opens

8 a.m. –8:40 a.m. – Warm-up swim

8:45 a.m. – Transition area closes – all participants must be out of the transition area at this time

8:50 a.m. – Pre-race details announced at pool

9 a.m. - Race swim begins



Hesston Aquatic Center info

MEMBERS ONLY DAY

Sunday, May 19—1-5 pm

Open to public

Monday, May 20—1-5 pm

Week of May 20th—no Exercise Hour or Family Swim

HOURS

Open Swim	1-5 pm	Sun-Sat
Exercise Hour	5-6 pm	Mon-Thur
Family Swim	6-8 pm	Tue-Thur

POOL PASSES

USD 460 Residents

Family pass \$150 (family of 5, \$20 each extra)

Individual Pass \$80

NON USD 460 Residents

Family Pass \$200 (family of 5)

Individual Pass \$100

POOL ADMISSION

Open Swim

Free to members

\$4 - ages 3-15

\$2 - Over 16

Free -2 & younger

Exercise Hour

Free to Members

\$2 - over 16

\$2 - ages 3-5

\$1 - 6-15

Family Swim

Free to members

\$2—Adult

Free—age 3-15 with paying adult

\$4—age 3-15 w/o paying adult

Swim lessons - \$30/\$25 per session

EXERCISE HOUR

Monday-Thursday from 5-6 adults are welcome to come work out, lap swim will be available all days as well as water walking. Water aerobics classes will be offered on Tue & Thur. Parents are welcome to bring children who will be allowed to swim in the zero entry/slide area during this hour under the

supervision of lifeguards and pool staff. See pricing under pool admission info.

FAMILY SWIM

Join us on Tuesdays, Wednesdays and Thursdays. Children free with a paying adult.

POOL PARTY PRICING

# of guests (*)	Price
30 and fewer	\$ 120.00
30-50	\$ 150.00
51-90	\$ 180.00
91-120	\$ 210.00
121-150	\$ 240.00
151-180	\$ 270.00

Pool party times: Fri, Sat, Sun 5:30-7:30 pm

Parties will be scheduled at the pool office.

(*) anyone entering the pool gate is included in the number of guests, swimming or not.

GENERAL POOL INFO

- **Pool phone is 327-2727**
- Air temp must be 75 degrees and sunny to open
- Pool phone/website can be checked for cancellations, updates and upcoming events
- Do not drop off children more than 10 minutes before events/open swim
- Swimmers may be swim tested by pool staff before being allowed in certain areas.

SEVERE WEATHER THREATENS...

Staff are trained to protect swimmers in severe weather situations. Swimmers will not be allowed to leave the premises on foot or bicycle during severe weather. Please make sure your child has a number where they can reach a ride in case of such emergencies.

SAFETY IS A PRIORITY

The HRCE summer staff take every precaution to ensure all participants are safe in our programs. Although HRCE will not be held liable for accidents or injury, your assistance is vital to ensure a safe & healthy atmosphere. Parents should make children aware of rules. Patrons not obeying posted rules or pool staff will be asked to leave the premises.



DOLLAR DAYS AT THE SWIMMING POOL!

All gate prices on these days will go toward the fund for the second slide.



FATHER'S DAY SWIM & ICE CREAM SOCIAL

Sunday June 16

Bring your dad to the pool on Father's Day.

EVERYONE admitted for \$1.

Ice cream treats around 5:30 p.m.

LAST CHANCE

Wednesday, Aug 7

Kids driving you crazy?

Bring them to the pool on the last Wednesday before school starts for dollar day admission and fun for the whole family.

BEAT THE HEAT

Sat. July 27 and Sun., July 28

Beat the heat on the last weekend of July during DOLLAR DAYS!



RED CROSS SWIMMING LESSONS

Lesson sessions & dates:

Session 1: June 3-14

Session 2: June 24 - July 3

Session 3: July 15-26

SEE pages 14-17 for more information about specific lesson dates.

The cost is \$30 for the first child and \$25 for the second in the same session. Instructors are WSI trained.

We'll offer the following levels in 2019:

- Level 0: Preschool—ages 3-5
- Level 1: Intro to water skills
- Level 2: Fundamental aquatic skills
- Level 3: Stroke development
- Level 4: Stroke improvement
- Level 5: Stroke refinement
- Level 6: Personal water safety

HESSTON SWIM TEAM

Hesston is a member of the Mid-Kansas League and welcomes everyone to be a part of the team. Jessica Unruh and Renee Ewert are the coaches. See page 18 for more info!

Those wanting to be on the team should attend an **informational meeting at 4 p.m. Sunday, April 7**, in the HHS main gym.



Enter through the doors by Hesston Rec.

For more information, call the pool office 327 2727

Requirements to be on the team:

- You must be 18 or younger as of June 1, 2018.
- All swimmers must be able to swim the length of the pool unassisted using a correct swim team stroke (fly, back crawl, breaststroke or front crawl).

FAMILY POOL PASS

HESSTON AQUATIC CENTER

FAMILY POOL PASS COSTS:

USD 460 residents—\$150 (family of 5; additional family members \$20 each extra; Babysitters must have an individual pass)

NON-USD 460 residents—\$200 (family of 5; additional family members \$20 each extra)

Please turn in your completed form & fees to the Hesston Rec office 303 Park Road.

LAST NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

EMERGENCY CONTACT NAME: _____

EMERGENCY CONTACT PHONE: _____

LIVE IN HESSTON USD 460 BOUNDARIES? Circle: Yes No

FIRST NAMES ON POOL PASS:

- 1.
- 2.
- 3.
- 4.
- 5.

ADDITIONAL FIRST NAMES (\$20 each):

- 1.
- 2.
- 3.
- 4.
- 5.

PAYMENT (office use only):

PASS #: _____

Date: _____

Total cost: _____

Type (circle): Check Cash Credit card

Paid (circle): Yes No

Notes:

As a parent/guardian associated with the family or individual on this pool pass I give permission for them/him/her to attend the Hesston Aquatic Center. I realize the center may provide some opportunity for injury and that HRCE assumes no responsibility for such. I also certify those on the pool pass are physically capable of participating. If my child/adult has special needs I will let the pool or HRCE office know before attending the center.

Hesston Recreation reserves the right to use photos of HRCE participants for promotional purposes.

Parent/guardian signature _____ Date _____

NOTE: YOU WILL BE EMAILED A POOL PASS NUMBER BEFORE THE START OF THE SEASON!

INDIVIDUAL POOL PASS HESSTON AQUATIC CENTER

INDIVIDUAL POOL PASS COST:

USD 460 residents—Individual pass \$80

NON-USD 460 residents—Individual pass \$100

Please turn in your completed form & fees to the Hesston Rec office 303 Park Road.

FIRST & LAST NAME OF INDIVIDUAL ON PASS: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

EMERGENCY CONTACT NAME: _____

EMERGENCY CONTACT PHONE: _____

LIVE IN HESSTON USD 460 BOUNDARIES? Circle: Yes No

As a parent/guardian associated with the family or individual on this pool pass I give permission for them/him/her to attend the Hesston Aquatic Center. I realize the center may provide some opportunity for injury and that HRCE assumes no responsibility for such. I also certify those on the pool pass are physically capable of participating. If my child/adult has special needs I will let the pool or HRCE office know before attending the center. Hesston Recreation reserves the right to use photos of HRCE participants for promotional purposes.

PAYMENT (office use only):

PASS #: _____

Date: _____

Total cost: _____

Type (circle): Check Cash Credit card

Paid (circle): Yes No

Notes: _____

Parent/guardian signature _____ Date _____

NOTE: YOU WILL BE EMAILED A POOL PASS NUMBER BEFORE THE START OF THE SEASON!

SWIM LESSONS



SWIMMING LESSONS: June 3-14

Registration deadline: Wednesday May 22

Classes will be split after applicants have enrolled to best meet the needs of participants.

Levels offered: 0, 1, 2, 3 and 4. Time 10:30, 11:30 and 12:15

Please indicated time preferences in comment section of enrollment.

No classes on Wednesdays unless needed for a weather make-up.

SWIMMING LESSONS: June 24-July 3

Registration deadline: Wednesday, June 12

Classes will be split after applicants have enrolled to best meet the needs of participants.

Levels offered: 0, 1, 2, 3, 4 and 5. Time 10:30, 11:30 and 12:15

Please indicated time preferences in comment section of enrollment.

To accommodate the July 4th holiday, classes for this session will run consecutive week days. NO classes on July 4th or 5th unless needed for a weather make up.

SWIMMING LESSONS: July 15-26

Registration deadline: Wednesday, July 3

Classes will be split after applicants have enrolled to best meet the needs of participants.

Levels offered: 0, 1, 2, 3, 4, 5 and 6. Time 9:30, 10:30 and 11:30.

Please indicated time preferences in comment section of enrollment.

No classes on Wednesdays unless needed for a weather make-up.

SIGN UP: Register at www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

COST: \$30 for first child, \$25 for additional children in same family.

NOTES: For information about which swim class level to choose for your child, see page 16. Taught by Red Cross WSI Instructors.

PRIVATE LESSONS: For private lessons contact the pool manager at renee.ewert@usd460.org

FOR MORE INFORMATION:

Contact Hesston Recreation at 327-2989 or the pool at 327-2727

Little Minnow + Big Minnow Swim Class



Who: Little Minnow (child 5 & younger)
accompanied by their
Big Minnow (adult)

What: water safety lesson PLUS
Instructor-led water class

(Little & Big Minnows will be in the
water together)

When: Wednesdays May 29 through June 26
12:15-12:45 pm or 5:15-5:45 pm

Where: Hesston Aquatic Center (HAC)

Why: To teach parents and young children to be safe
in, on and around water as part of a KDHE grant
secured for 2019 by HRCE and the HAC.

Cost: FREE

Drop-in class—registration not required!

Water safety topics:

May 29—Staying Safe around Water

June 5—Recognizing a Lifeguard

June 12—Sun Safety

June 19—Don't Just Pack it, Wear Your Jacket

June 26—Water toys and their Limitations



SWIM LESSON CLASS DESCRIPTIONS

Level 0 - ages 3-5 (preschool) - 30 minutes

- * submerge mouth, nose and eyes
- * retrieve submerged objects
- * front and back glide
- * roll from front to back
- * simultaneous and alternating kicks
- * simultaneous and alternating arms
- * staying safe around water

Level 2 - Fundamental Aquatic Skills - 45 minutes

- * floats, front, jellyfish and tuck
- * tread water using arm and leg actions - 15 seconds
- * rotary breathing
- * kicks, dolphin, elementary backstroke and flutter
- * swim with combined arms/legs for 10 yards
- * move in the water wearing a life jacket

Level 4 - Stroke Improvement - 45 minutes

- * dive from stride position
- * tread water for 2 minutes (different leg kicks)
- * 25 yards of front crawl and elementary backstroke
- * 15 yards of back crawl, breaststroke and butterfly
- * open turns for back and front crawl
- * sidestroke introduction
- * throwing assist

Level 6 - Fundamentals of Diving - 50 minutes

- * 100 yards of freestyle & elementary backstroke
- * 50 yards of backcrawl and breaststroke
- * 50 yards of sidestroke and butterfly
- * surface dive and retrieve object
- * swim 500 yards continuously
- * two part take off from the board, headfirst and feetfirst
- * dangers of extended breath- holding

Level 1 - Introduction to Water Skills - 30 minutes

- * bob at least 5 times
- * glide at least 5 yards & recover to a vertical position
- * arm and hand treading actions
- * combined arm and leg actions on front and back
- * use of a life jacket

Level 3 - Stroke Development - 45 minutes

- * jump, sit dive and knee dive into deep water
- * back float and survival float
- * tread water for 1 minute
- * streamline with dolphin and flutter kicks
- * front crawl (freestyle) for 15 yards
- * elementary backstroke for 15 yards
- * reach assist and cold water survival

Level 5 - Stroke Refinement - 45 minutes

- * pike and surface dives
- * freestyle and backstroke flip turns
- * 50 yards freestyle and elementary backstroke
- * 25 yards of breaststroke, backstroke, and butterfly
- * tread water 5 minutes, 2 minutes legs only
- * standing dive
- * review of all water safety concepts

Junior Lifeguarding - offered fall 2018

PREREQUISITES

- * front crawl 25 yds breathing to side or front
- * breaststroke 25 yds using pull, breathe, kick, glide
- * Water Competency Sequence
 - ** tread for 1 minute
 - ** rotate one full turn
 - ** swim 25 yards and exit without ladder or steps

Junior Lifeguard

Designed for 11-14 year olds who have completed Red Cross Learn to Swim Levels or individuals with swim experience who want a head start on lifeguard skills for future HAC employment.

Precourse Skill Evaluation: Wednesday June 12 - 10:30-11:30 am

Includes: Water competency sequence, 150 yard freestyle, 50 yards breast-stroke (correct form) and retrieving an item from 10-foot depth using feet first or head-first surface dive.

Register at www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

Junior lifeguard Part 1

\$40—cost includes T-shirt, whistle and class materials

June 17-21 10:30am-12:30 pm—sign up deadline June 7

Topics covered

Surveillance

Primary Assessments

Rescues at the Surface

Reaching & Throwing Assists

Entries & Approaches

Submerged Rescues

Includes—Lifeguard Shadowing Experience

15 volunteer hours at the Hesston Aquatic Center required to receive completion certificate



Junior lifeguard part 2

\$40—cost includes personal protective equipment and class materials

Prerequisite: completion of Jr LG Part 1 or instructor approval

July 29-Aug 1 9:30am-12:30pm—sign up deadline July 19

Topics Covered

General First Aid

CPR Practice

Secondary Assessments

Caring for Choking Victims

Facility Safety Checklist

Head, Neck and Spinal Injuries

Includes—Lifeguard Shadowing Experience

15 volunteer hours at the Hesston Aquatic Center required to receive completion certificate

Classes may be canceled without a minimum of 4 participants. Preferential hiring for summer 2020 will be given to candidates who have completed the Junior Lifeguard Program.

HESSTON SWIM TEAM REGISTRATION INFORMATION

Hesston is a member of the Mid-Kansas League.

Coaches: Renee Ewert and Jessica Unruh. Team mgr: Audrey Tozier

Team informational meeting at 4 p.m. Sunday, April 7. HS main gym.

Enter through the doors by Hesston Rec.

Team Requirements:

- ⇒ You must be 18 or younger as of June 1, 2019.
- ⇒ All swimmers must be able to swim the length of the pool unassisted using a swim team stroke (front or back crawl, butterfly or breaststroke).

PRACTICES/MEETS: First official practice is Monday, May 21. Open swim the week of May 13, depending on pool availability. Meet schedules will be distributed at the team meeting. League July 13, meets on Saturday mornings starting June 8.

WAHOO-A-THON: Saturday, June 1, from 8:30 a.m. to 12:30 p.m. Forms & information will be available at the team meeting.

MINI MEET: Friday, May 31 5:30-8:30 p.m.

COST: \$60 for 1st child & \$55 for additional children (T-shirt and swim cap included in registration cost). **SWIMSUITS:** Information about team suits will be provided at the meeting on April 7.

SIGN UP: Register by going to www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

DEADLINE: Registrations are due **May 1**. A \$10 late fee will apply to registrations turned in after May 1.



FOR MORE INFORMATION:
Contact coach Renee Ewert
at renee.ewert@usd460.org or 327-2727

Summer day trips for kids

Join us for three Wednesday outings this summer—each to a unique location in our area that offers a chance to explore places students will remember long after the bus returns to Hesston.

PRICE: \$20 per trip

GRADES: Students entering 3rd through 7th grades

FOR MORE INFO: contact Susan Lamb at 327-2422.



REGISTER: Register by going to www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

Eisenhower Library in Abilene

WHEN: Wednesday, June 26

DEADLINE: June 13

Kansas is one of the lucky states to have a presidential library, and this sometimes forgotten gem in Abilene is a must-see for Kansas students.

Depart HRCE back lot at 8:30 a.m. and return about 2:30 p.m.
PACK YOUR OWN LUNCH AND WEAR SHOES FOR WALKING!



Rolling Hills Zoo in Salina

WHEN: Wednesday, July 17

DEADLINE: July 8

This zoo and museum will give kids a new look at animals from various habitats including African plains, Arctic tundra and rain forests, and everyone knows one can never visit enough zoos. Depart HRCE back lot at 8:30 a.m. and return about 2 p.m. **PACK YOUR OWN LUNCH AND WEAR SHOES FOR WALKING!**



Wichita Art Museum in Wichita & NuWay lunch

WHEN: Wednesday, July 31

DEADLINE: July 20

A visit to the WAM will conclude our summer outings, and this top-notch facility is one that will educate and inspire students. We will be indoors and want to remind kids that they will need to bring their indoor, museum manners.

Depart HRCE back lot at 9 and return around 1:30 p.m.

For this outing we will have a fun lunch at the original Nu-Way on West Douglas, and this is included in the trip price.



SUMMER YOUTH CLASSES

SIGN UP: Register for summer classes at www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

SWATHER CHEFS: June 3-4 & 6-7 OR June 24-25 & 27-28 DEADLINE: May 27 for 1st session; June 15 for 2nd session

GRADES: 2nd-7th

TIMES/AGES: 12:30-1:30 entering 6th & 7th; 1:45-2:45 entering 4th & 5th; 3-4 p.m. entering 2nd & 3rd

WHERE: Hesston High School FACS room

COST: \$25

INSTRUCTOR: Kris Roth

CLASS DESCRIPTION: Head to the kitchen in this fun class in which kids will learn how to "bring it" to the table for breakfast, lunch, dinner and snacks. Kitchen and food safety basics will round out this great class.

CLASS LIMIT: 12



LOTS OF ART! - June 24-25 & 27-28 — DEADLINE: June 6

GRADES: 2nd-7th

TIMES/AGES: 12:30-1:30 p.m. entering 2nd & 3rd; 1:45-2:45 p.m. entering 4th & 5th; 3-4 p.m. entering 6th & 7th

WHERE: TBD – notification will be sent to participants

COST: \$25

INSTRUCTOR: Denise Diller

CLASS DESCRIPTION: A variety of age-appropriate, hands-on projects will be completed during these art classes

CLASS LIMIT: 12



EXPLORE STEM: July 15-16 & 18-19—DEADLINE: June 21

GRADES: 4th-7th

TIMES/AGES: 9-10:15 a.m. for those entering 4th & 5th grades; 10:30-11:45 for those entering 6th & 7th

WHERE: TBD -notification will be sent to participants

COST: \$30

INSTRUCTOR: HHS students Drew Hiebert and Noah LeFevre

CLASS DESCRIPTION: Join this fun opportunity to explore the STEM areas –science, technology, engineering & mathematics

CLASS LIMIT: 12



SUMMER YOUTH CLASSES

SIGN UP: Register for summer classes at www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

SEW WHAT?—JULY 15-19 (each day) — DEADLINE: July 1

GRADES: 5th-8th

TIMES/AGES: 8:45-10:30 a.m. entering 7th & 8th; 10:30-11:45 a.m. entering 5th & 6th

WHERE: Hesston High School FACS room

COST: \$30 covers registration & materials for this one week class.

INSTRUCTOR: Sandy Banman

CLASS DESCRIPTION: We will make a Christmas stocking. As time allows, you will have the option of making a Christmas pillow. You will be able to choose from a variety of fabrics. Thread also will be provided.

CLASS LIMIT: 8 students



TUMBLING & INTRO TO CHEER —JULY 15-16 & 18-19 — DEADLINE: July 1

GRADES: 2nd-7th

TIMES/AGES: entering 5th-7th 9-10 a.m.; entering 2nd-4th 10:15-11:15 a.m.

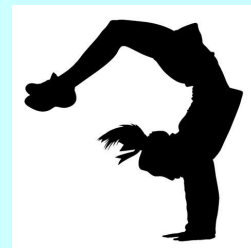
WHERE: TBD—participants will receive notification of location

COST: \$25

INSTRUCTORS: HHS cheer squad members Hannah Ferguson and Jada Mininger

CLASS DESCRIPTION: Learn tumbling and cheer basics

CLASS LIMIT: 15



Youth baseball/softball

Deadline: Friday, April 5, 2019

A \$10 late fee will be added



Recreational BASEBALL options

This is the option that has been offered for years through HRCE. The MKL league has voted to approve a few changes to the structure of the rules. **Grades as of spring 2019.**

Pre-K & K: Tee ball (coed) finishing K or start K this fall - **\$15**

1st & 2nd graders: Machine pitch (swing arm) will be the option for these two grades. The rules will be very similar to the machine pitch games in the past—**\$30**

3rd & 4th graders: Kid pitch will be the option for this age group. This bumps up pitching one year from the years past —**\$30**. **For information about our new competitive teams see page 24.**

5th & 6th graders: This will also be kid pitch and will allow for leadoffs. This will look more like HS baseball than in years past with some limitations on steals, pitch count, etc. —**\$30**. **For information about our new competitive teams see page 24.**

Recreational SOFTBALL options

This is the option that has been offered for years through HRCE. The MKL league has voted to approve a few changes to the structure of the rules.

1st and 2nd- Machine pitch (swing arm) will be the option for these two grades. The rules will be very similar to the machine pitch games in the past.

3rd and 4th- Kid fastpitch will be the option for this age group. This bumps up pitching two years from the years past. In the age group there will be a “no-walk” rule that will still allow players to get game action.

5th and 6th- This will be full on fastpitch like years past. There are no significant changes to this age group.

Hesston Recreation

Registration for pre-K to 6th-grade boys girls

(pre-K can register through April 17)

beginning April 6 (late fee starts April 18 for pre-K)

SIGN UP: Register by going to www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

COACHES/UMPIRES NEEDED: If you volunteer & are selected to be a HEAD coach, your child plays at no charge. Please indicate your desire to be a head coach, assistant coach or umpire. The coaches' meeting will be on Thursday, April 18, in the HHS commons.

More details

- **Games/practices:** Games will be played on weekday evenings beginning in June. Practices will start in early May.
- **Eligibility:** All kids who go to school in USD 460 or live inside USD 460 district boundaries are eligible for Hesston Rec programs.
- **Hats:** Hats are available for 4th-6th graders, coaches & parents for \$17.50 each. They can be purchased online when registering.
- **Pants/shirts:** Gray pants are mandatory for 5th & 6th boys and girls. You are responsible for purchasing your own pants. They usually are available at stores like Wal-mart and sporting goods stores.
- **Rainouts:** In case of inclement weather, your coach will let you know after 4:30 p.m. if games will be played.

- **COACH MEETING:** The coaches' meeting will be at 7 p.m. on Thursday, April 18, in the HHS commons

FOR MORE INFORMATION:
Hesston Recreation - 620-327-2989

Hesston Recreation

Competitive baseball for 3rd-6th

Deadline: Friday, April 5, 2019

A \$10 late fee will be added beginning April 6

Due to the growing interest for several years, HRCE offer a more competitive option for baseball this year. This is not a “club” team, but will offer more of a challenge than the recreation option.

This will be an option for 3rd-6th graders interested in playing more games, in a little more competitive environment.

Rosters will close for this league at 12 players and anyone who signs up after will be put on a wait list. Equal playing time will not be guaranteed as this is a more competitive league.



Games will be played in Hutchinson and Hesston. Teams will be split by grade as long as numbers allow.



COST: \$110 includes a shirt, hat and league fees.

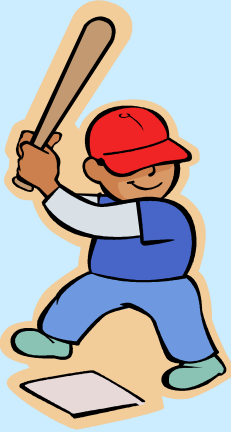
WHO: 3rd-6th graders

COACHES MEETING: The coaches’ meeting will be at 7 p.m. on Thursday, April 18, in the HHS commons.

SIGN UP: Register by going to www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

PITCHING MACHINE PRACTICE

For 3rd-6th boys & girls
Beginning Tuesday, May 20



The pitching machine will be available at the Hesston High School softball field (near HES) for batting practice following this schedule:

Mondays and Wednesdays

3rd & 4th boys: Noon-1 p.m.

5th & 6th boys: 1-2 p.m.

Tuesdays and Thursdays

3rd & 4th girls: Noon-1 p.m.

5th & 6th girls: 1-2 p.m.

Boys will hit baseballs; girls will hit softballs. Batting helmets are provided and there will be a few bats there. Bring your own bat if you like. This is a supervised activity and rules must be followed.

It will continue through the end of our ball season as long as kids keep attending.

MEN'S SOFTBALL LEAGUE OFFERED

Men's softball league play will begin in mid-May.

Team registration information will be mailed to all of last year's team managers.

Returning teams will be given preference, followed by new Hesston-based teams. Those interested in entering a team or



those with questions should contact Skylar Hill in the HRCE office at 327-2989 or skylar.hill@usd460.org.

The cost is \$400 per team.

Team registration form and fees need to be into the Rec office by **Friday, April 19, 2019.**

REGISTRATION FORM HESSTON BABE RUTH BASEBALL



2019 Babe Ruth organizational meeting
Thursday, March 28, 2019, at 7 P.M.
Location: TBD

COSTS:

Basic fee—\$110; Hat—\$17.50

AGES: The league requires **all first-year players**, regardless of age, to submit a copy of their birth certificate or birth card. It can be turned into the Hesston Recreation office or you can bring it to the meeting on March 28. You must turn 12 before May 1, 2019, and cannot be 19 before May 1, 2019, to be eligible to play.

DEADLINE: April 5, 2019. A \$10 fee will be added to registrations turned in after April 5. Please sign up as soon as possible.

SIGN UP: Register by going to www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

Our insurance requires that registration must be completed and all fees paid before you will be allowed to practice.

PANTS/SHIRTS: You can buy gray, full leg pants, red belt and red socks from wherever you like. Jerseys will be provided and must be returned at the end of the season. If you do not return the jersey, you will be charged \$40 to replace it.

FOR MORE INFORMATION:

Call Hank Humphreys at 316-772-3947 or Skylar Hill at 620-327-2989

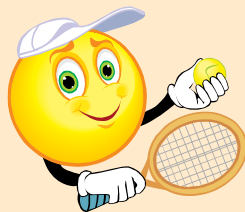
2019 SUMMER JUNIOR TENNIS PROGRAM

Hesston Recreation will sponsor a junior tennis program for incoming 2019-20 third graders and older.

Mark Dahlsten and Travis Sebits, Hesston High School tennis coaches, are the Junior Tennis coordinators. The program is USTA certified.

The fee is \$35 for the first child in a family and \$30 for each additional child in a family.

All the instructional and play dates will be at the Hesston High



School tennis courts. Please call the HRCE office at 327-2989 with any questions.

If your child has a conflict with a camp or other summer activity, accommodations usually can be made by contacting Mark at mark.dahlsten@usd460.org.

Hesston Recreation Tennis Tournament - June 26, 2019

This is open to Jr. Tennis program participants only and is included in the Jr. Tennis Program fee. Details will be available the first week of lessons.

INSTRUCTIONAL DATES:

May 28-31
June 4-7

PLAY DATES:

June 11, 12, 18, 19, 25
Hesston Tournament—June 26

Instructional AND play date times:

Incoming 3rd and 4th graders
9-9:45 a.m.
Incoming 5th and 6th graders
10-10:45 a.m.
Incoming 7th graders and older
11-11:45 a.m.

SIGN UP: Register by going to www.hrce.org. Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

DEADLINE: Due Monday, May 27. A \$10 fee will be added to registrations turned in after May 27.

FOR MORE INFORMATION:

Contact Hesston Recreation at 327-2989 or recreation@hrce.org
or Travis Sebits at travis.sebits@usd460.org



Youth Football Skills Camp offered for 1st-6th graders

WHEN: May 4 & 11

1st – 3rd grades (in spring 2019): 8:45 – 10:15 a.m.
4th – 6th grades (in spring 2019): 10:30 a.m. – noon

WHERE: Hesston High School practice football field

WHAT: Skill instruction from Hesston High School coaching staff and players!

COST: \$25 for skill instruction and T-shirt! A \$10 fee will be added to registrations turned in after April 19.

SIGN UP: Register by going to www.hrce.org

Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road.

We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

DEADLINE: Registrations are due Friday, April 19

FOR MORE INFORMATION:

Contact Hesston Recreation at 327-2989
or recreation@hrce.org

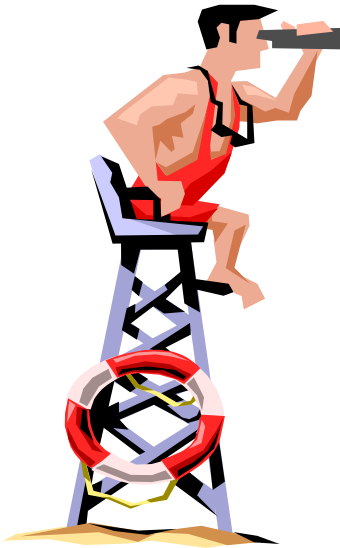
HRCE SUMMER LEADERSHIP STAFF

Recreation director
Skylar Hill

Office manager
Christine Wyrick

**Community engagement
director**
Susan Lamb

**Hesston Aquatic Center
manager**
Renee Ewert



Assistant pool managers
Kelsey Unruh
Courtney Unruh

Swim team coaches
Renee Ewert
& Jessica Unruh

Junior tennis directors
Mark Dahlsten
Travis Sebitts

DISC GOLF COURSE OPEN FOR FUN

Want to try disc golf? Hesston Recreation and the City of Hesston offer a 9-hole disc golf course at Interstate Park. There is no charge.

The course is for beginners and experienced players alike!

Here are a few of the course's features:

- Alternate target placements – course will have the ability to change over time.
- Course does not favor left- or right-handed players.
- Mach 3 baskets with hole number plates
- Deluxe color tee signs at each hole
- Balance of short and long holes

ADULT PICK-UP BASKETBALL

If you enjoy pounding the hardwood and sweating your lunch away, join other adults for summer noon-hour basketball at the Hesston High School main gym from noon to 1 p.m. on Mondays, Wednesdays and Fridays.

Dressing rooms and basketballs are provided.



FALL SPORT: Flag football

There will be three coed divisions:
Kindergarten-1st; 2nd-3rd; & 4th-6th

Games played: Saturdays, Sept. 7 – Oct. 12

Time: Between 8 a.m. – 2 p.m.

Location: McPherson and Hesston



SIGN UP: Register by going to www.hrce.org.

Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

COST: \$30 cost includes a T-shirt! Parents who sign up to be a head coach will get a refund for their child's registration.

DEADLINE: Due Thursday, July 25. A \$10 fee will be added to registrations turned in after July 25.

FOR MORE INFORMATION:

Contact Hesston Recreation at 327-2989
or recreation@hrce.org

FALL SPORT: Outdoor soccer

3 COED DIVISIONS (grades in fall 2019):

Junior: 1st-2nd grades

Intermediate: 3rd-4th grades

Senior: 5th-6th grades



We play in the Mid Kansas Soccer League that includes Hesston, Halstead, Sedgwick and Moundridge. Games will be played on Saturday morning/early afternoons in early September and ending in mid October. Practices are set by coaches and usually are on weekday evenings.

SIGN UP: Register by going to www.hrce.org

Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

COST: \$25 cost includes a T-shirt! Parents who sign up to be a head coach will get a refund for their child's registration.

DEADLINE: Due Friday, Aug. 2. A \$10 fee will be added to registrations turned in after Aug. 3.

FOR MORE INFORMATION:

Contact Hesston Recreation at 327-2989
or recreation@hrce.org

Fall sport: **Girls volleyball**

For 5th- and 6th-grade girls



This is a Rec League for 5th- and 6th-grade girls. Many of the towns in our Rec League will have teams. Matches will be played in Hesston and out of town, starting in early September. We will either play separate grades or combined teams. We anticipate 6-7 matches per team, with the season ending in mid October.

SIGN UP: Register by going to www.hrce.org.

Those who do not have access to a computer or who are interested in a scholarship should register and pay in the HRCE office at 303 Park Road. We are open from 8:30 a.m. to 4:30 p.m. Mondays-Thursdays and 8:30 a.m. to 3:30 p.m. Fridays.

COST: \$25 cost includes a T-shirt! Parents who sign up to be a head coach will get a refund for their child's registration

DEADLINE: Due Friday, Aug. 2. A \$10 fee will be added to registrations turned in after Aug. 3.

FOR MORE INFORMATION:

Contact Hesston Recreation at 327-2989
or recreation@hrce.org

ADULT PROGRAMMING

TRAVEL TO TULSA

with Hesston Recreation & Dyck Arboretum

June 12-13



Hesston Recreation is partnering with Dyck Arboretum for a fun overnight outing to Tulsa on Wednesday, June 12 & Thursday, June 13. Scheduled stops are Tulsa Botanic Garden, Philbrook Museum and Gardens, the Gathering Place, Port of Catoosa and Will Rogers Museum —each of which offer something unique and interesting. Included in the package is charter bus, lodging, all admissions and four meals. Double occupancy \$259/single \$296.

We anticipate this trip will fill quickly so complete your registration now at: www.hrc.org For more information or a paper registration form, please call Susan Lamb at 620-327-2422 or email lamb36@yahoo.com. Registrations are **due April 15**.

The trip will depart at 7:30 a.m. June 12 and return about 6:30 p.m. June 13. Confirmation with final trip details will be sent to participants by June 1. Those with special needs should talk with Susan prior to the trip.



ANNOUNCING nErDcampKS kids!

This is a NEW event held at Hesston High School. It is designed to connect kids with authors in order to encourage a love of reading, writing, and creating.



WHO: All students entering grades 1-9 in the 2019-2020 school year.

WHEN: Tuesday, June 4, from 6:00-7:30 pm.

WHERE: Hesston High School in Hesston, KS.

WHAT: During the evening, students will go to two different sessions led by authors from around the country. Registration opens March 1 at <http://nerdcampks.weebly.com/nerdcampks-kids.html>. There is no cost to attend, but registration will be limited to 150 students, so don't wait to sign up! All registrations must be submitted by May 1.

Authors attending nErDcampKS kids!

Sarah Aronson, Miranda Asebedo, Ruth Behar, Dusti Bowling, Melanie Crowder, Alastair Heim, Bridget Heos, Katey Howes, Adib Khorram, Jarrett Lerner, Brenda Maier, Daniel Miyares, Emma Otheguy, Laura Resau, Tammi Sauer, Traci Sorell, Elly Swartz, Andrea Wang

Visit
nerdcampks.weebly.com
for more information!

Lovin' the Real H-Town set for July 8-12



It is time again for the 9th annual "Lovin' the Real H-Town" Community Camp sponsored by Hesston Lions Club, Hesston Public Library and a number of other local organizations.

Campers will tour a variety of Hesston businesses during the camp week, eat lunch at a Hesston restaurant each day and complete a community service project together at the end of the week.

Camp will run Monday, July 8-Friday, July 12 from 9 a.m. -2 p.m. with each day starting at the Hesston Public Library.

Camp leader is Susan Lamb. **You may call Susan at home with questions, 327-2422.**

Participants must attend USD 460 schools or have a Hesston address and have **completed** 5th or 6th grade this school year.

Registration fee of \$40 includes all activities for the week, lunch daily and a bucket hat.

Participant Name _____ Grade Next School Year _____

Address _____ Home phone _____

Parent Name _____ E-mail _____

Emergency contact info for daytime week of June 18-22.

Name _____ Phone _____

***Make your check of \$40 payable to Hesston Public Library and return the lower half of this form and your check in an envelope to the HMS office by **May 13** or the Hesston Public Library by **June 14**.**

HESSTON FOOTBALL CLUB

Fee
\$150

3/4 Grade
5/6 Grade

Includes:

**Camp, Jersey,
Season**

IMPORTANT DATES

Parents Mtg: Thursday, July 18th 7 pm

Camp: Mon.-Fri., July 22nd-26th 7:30-9
pm

Practice: Thursday, August 1st 7-9 pm

**To Register: Kevin Plenert
620-386-0766 or
email: kpconcrete@live.com**



PosterMyWall.com

HMS SUMMER FOOTBALL CAMP

WHEN

**Saturday, May 25 and June 1
7:30 am - 10:00 am***

WHERE

HHS Football Practice Field

**SKILLS INSTRUCTION FROM MS AND HS COACHES.
THIS IS A NON-CONTACT CAMP.**

***CURRENT GRADES 4/5 WILL BE DISMISSED AT
9:00 AM. GRADES 6/7 WILL BE DISMISSED AT 10.**

CHRIS.KOEHN@USD460.ORG

**OPEN TO
GRADES 4-7 (IN
SPRING 2019)**

COST

**\$30 per player.
Checks payable to
Chris Koehn.**

REGISTRATION

**Register via email to
Chris Koehn with
son's name, grade,
and t-shirt size. Due
Wednesday, May 1.**

PAYMENT

**Pay at the time of
registration. Money
can be left at the
HMS office with Mrs.
Graber (leave in an
envelope with your
child's name on it.)
Due May 1 with \$10
fee after May 1.**

REQUIRED EQUIPMENT

**T-shirts, athletic
shorts, and football
cleats.**

YOUTH TRACK MEET IS MAY 4 FOR PRE-K–6TH GRADERS

The Hesston Youth Track Meet will be on Saturday, May 4, 2019. The event is sponsored by Hesston HS and MS track teams & Hesston Recreation.

Awards will be given to 1st- through 8th-place finishers. Pre-K through 6th grade students can sign up for a combination of running and field events. Entry forms and payment will be available online.



DATE: Saturday, May 4, 2019

TIME: Registration will begin at 7:30 a.m. for running and field events, with field events beginning at 9 a.m. Running events will begin at approximately 10:40 a.m.

WHERE: Hesston High School track at Hobbs Stadium

COST/DEADLINE: \$12 per athlete with an entry deadline of Monday, April 29. The registration form and payment link will be posted on the Hesston High School website at hs.hesstonschools.org. Click on Activities > Track > Hesston Youth Track Information and then select the Hesston Youth Track Meet Registration Form, the Youth Track Online Payment links, or the flyer for more information.

HESSTON PUBLIC FACILITIES AVAILABLE CITY OF HESSTON

The city of Hesston maintains two park multi-use facilities which may be reserved by an organization or individual. These facilities are the Heritage Park shelter house and the King Park community use facility. These buildings are in great demand. Therefore, a reservation procedure has been established.

1. Reservations are to be made through City Hall during regular working hours. That phone number is 620-327-4412
2. Reservations shall be granted on a "first -come-first-served" basis.
3. Payment of rental fees must be made at the time the reservation is made.
4. Reservations will be taken for no more than one (1) year in advance.
5. Rental fees for park facilities are available through the city office.

Rental fees will be refunded if the reservation is cancelled by notifying City Hall of the cancellation at least three days in advance of the rental date. Additional rental terms and agreements are available through City Hall.

Heritage Shelter House

- A) Hesston resident \$35
- B) Non-Hesston resident \$45

King Park Community Use Facility

<u>East Side (Range/Refrigerator)</u>		<u>West Side (Countertop/Sink)</u>	
A) Hesston Resident	\$35	A) Hesston Resident	\$30
B) Non-Hesston Resident	\$45	B) Non-Hesston Resident	\$40

Whole Building

- A) Hesston Resident \$60
- B) Non-Hesston Resident \$70

U.S.D. 460 SCHOOL FACILITIES

Reservations shall be arranged by contacting one of the following three locations: (1) district administration office for commons, kitchens, gymnasiums, classrooms, parking lots, auditorium, and stadium; (2) recreation office for ball diamonds, soccer fields, swimming pool, tennis courts, and gyms for practices; or (3) The Pit Stop for rental of the Pit Stop snack shop. Reservations of any other spaces are at the discretion of the superintendent. Reservation of any facility ensures the user of access to restrooms, drinking fountains, and furniture regularly used in the facility. District facilities will not be rented on the day of or the day prior to New Years, Easter, and Christmas; nor the day of or the day after Thanksgiving. A half day is four hours or less; a full day is anything in excess of four hours. Additional facility rental terms are available through the USD 460 administration office, 620-327-4931.

FACILITY	District employees & local non-profit (no fee event)	Local non-profit		Private indiv.		For-profit organiz. and out-of-district non-profit	
		Charging	Admission	Half Day	Full Day	Half Day	Full Day
Classroom	Free	\$20	\$40	\$25	\$50	\$50	\$100
Kitchen	Free	\$40	\$80	\$50	\$100	\$100	\$250
Commons	Free	\$40	\$80	\$50	\$100	\$100	\$250
Kitchen/Commons	Free	\$70	\$140	\$75	\$150	\$150	\$300
Gymnasium	Free	\$40	\$80	\$50	\$100	\$250	\$500
Auditorium	Free	\$40	\$80	\$50	\$100	\$250	\$500
Stadium	Free	\$40	\$80	\$50	\$100	\$250	\$500
Gym/Commons	Free	\$70	\$140	\$75	\$150	\$300	\$600

LADY SWATHER BASKETBALL CAMP

BUILDING CHAMPIONS



JUNE 3-6

3rd-12th grade girls for the upcoming 2019-2020 year

Camp 2019 Information

Camp staff: Matt Richardson, 620-245-7415, head high school girls' basketball coach and the high school and middle school coaching staffs.

Location: Hesston High School auxiliary gym

Camp fee: \$30, which includes a T-shirt.

Return flyer with payment by May 24 if possible. If your registration is received after this date, it is possible that you may not receive a camp T-shirt.

Instruction:

Grades 3-4: ball handling, passing, shooting, individual defense—1:30-2:30 pm

Grades 5-6: offensive fundamentals (individual/team), defensive fundamentals (individual/team) - 2:45-3:45 pm

Grades 7-8: offensive transition, team defense, offensive fundamentals—12-1:30 pm

Grades 9-12: fundamentals, shooting, introduction to team strategies, 3 on 3 and 5 on 5 work—4-5:50 pm

Registration

Make check payable to Matt Richardson. Mail to: 117 S. Hess Hesston, KS 67062

Name: _____

Address: _____

Phone #: _____

2018-2019 Grade: _____

Shirt Size: (circle one)
YM YL S M L XL XXL

Whom To Reach in Case of Emergency

Name: _____

Phone: _____

Insurance/Policy # _____

Waiver Declaration

Basketball is a contact sport and I know there is a possibility my athlete could get hurt. Matt Richardson, Hesston High School, and camp staff will not be held responsible for any accidents or injuries that occur during my athlete's participation.

Signature of parent/guardian above

Date: _____





Junior Swather Boys' Basketball Camp

Presented by Hesston High School Coaching Staff

May 27-30, 2019

1st - 2nd Graders: 11:-11:45 am @ Hesston Elementary School—Cost \$10

3rd - 4th Graders: 1-2 p.m. @ Hesston High School Auxiliary Gym—Cost \$20

5th - 6th Graders: 2:30-4 p.m. @ Hesston High School Auxiliary Gym—Cost \$20

***Grades are based on next school year
(2019-2020)***

Fees include T-shirt & refreshments

**Mail To: Greg Raleigh, 1202 E. Hickory, Hesston 67062
316-772-2955**



Age-appropriate fundamental skills will be the main focus

Offensive skills: Proper shooting mechanics, ball handling & passing techniques.

Defensive skills: Positioning & footwork

Contests with prizes will be awarded! Each camper will receive a written evaluation from coaches!

Boys' basketball camp—registration deadline is May 6

Write checks to Greg Raleigh. Send to above address.

Name: _____ Grade('19-20)_____

Address: _____

Phone #: _____ Shirt size: _____ (Indicate Youth or Adult)

In case of emergency contact: Name: _____

Emergency contact phone: _____

Insurance Co.: _____ Insurance Policy No: _____

Waiver form: I authorize my son, _____, to participate in the Junior Swather Boys' Basketball Skills Camp. I recognize the chance for injury and will not hold the camp staff responsible for injuries sustained during camp.

Parent/Guardian Signature: _____ Date: _____



SWATHER VOLLEYBALL CAMPS

Hesston High School Auxiliary Gym

For Hesston girls who will be in grades 3 to 12 in the fall of 2019

3rd and 4th Grades
July 16-18—1-1:45 p.m.
5th and 6th Grades
July 16-18—2-3 p.m.

These sessions will introduce beginning volleyball players to the rules of volleyball and focus on the fundamental volleyball skills of passing, setting, hitting, and serving. Campers will also experience the importance of teamwork and communication.

7th and 8th Grades
July 16-18
3:15-5:30 p.m.

The middle school camp session will focus on the fundamental volleyball skills of passing, setting, hitting and serving. Campers will also be introduced to basic formations for offense, defense, and serve receive.

9th through 12th Grades
July 8 & 9
5-9 p.m.

The high school camp emphasis will focus on fundamental skills, as well as learning offensive and defensive formations. Serving, passing, defense, setting, blocking, and hitting, as well as team communication, will be areas of focus throughout the week.

Questions? Call or text Coach Jason Peters at 316-217-1391, or e-mail Jason.Peters@usd460.org. The camp sign-up deadline is **MONDAY, JUNE 10, 2019**. Registrations will be accepted after that date, but a T-shirt is not guaranteed.

REGISTRATION FORM – registration deadline is June 10

* Online registration form is available at hs.hesstonschools.org > Activities > Volleyball > Summer VB Camps

Name: _____

Address: _____

City: _____ Zip: _____

Home/cell phone: _____

Parent email: _____

Grade in the fall of 2019: _____

Food allergies? _____

T-shirt size: Youth: **S M L** Adult: **S M L XL XXL**

Additional camper(s) from the same household:

Name: _____ Grade: _____ Shirt size: _____

Name: _____ Grade: _____ Shirt size: _____

As the parent or legal guardian of _____,

I hereby consent for her participation in the 2019 Swather Volleyball Camp. I also grant permission for treatment deemed necessary for any condition arising during participation at the camp. I hereby release the camp staff from all claims on account of any injuries which may be sustained while attending the Swather Volleyball Camps. I understand while benefits derived from athletic competition are great, there are also calculated risks involved in such activity. I agree to accept these risks as a condition of my camper's participation.

Parent Signature: _____

Date: _____

Insurance Co.: _____

Insurance Policy # _____

Emergency Contact Names and phone numbers: _____

CAMP FEES:

Camp cost:

3rd-6th grades **\$20**; 7th-12th grades **\$30**. Camp fees include one t-shirt and refreshments. All campers will need to supply their own kneepads for camp, if so desired. Kneepads are strongly recommended for players in grades 7-12.

Extra t-shirts for family members:

Add \$7 for each additional t-shirt ordered. One t-shirt is included in the camp fee for each player registered. If you want more than the one shirt that is included for each player, indicate extra sizes here:

Family discount: Subtract \$5 from the oldest child's registration if more than one camper from the same household is attending the camp in grades 3 through 12.

Need-based scholarships: Scholarships are available as needed by contacting Coach Peters.

CAMP FEE PER PLAYER: \$20 (3rd- 6th) or
\$30 (7th - 12th) (includes T-shirt) _____

EXTRA SHIRTS FOR FAMILY: add \$7 per extra shirt + _____

FAMILY DISCOUNT: If 2 or more, subtract \$5 from oldest child - _____

TOTAL COST: = _____

I am paying with (circle one): Cash Check (payable to Jason Peters)

___ I will pay online on the website listed above the insurance info

___ I would like to pay online with a payment link sent to my email

Send the registration form along with the camp fees by June 10 to:

Jason Peters, 209 S. Roupp St., Hesston, KS 67062

You may also drop your registration form off at the HRCE office or any one of the Hesston USD 460 schools before May 17.



2019 HESSTON COMMUNITY VACATION BIBLE SCHOOL

Tuesday, May 28-Friday, May 31

6:15 to 8:30

Hesston Mennonite Church

Age 4 through 6th grade in one location

Register by May 21

on Facebook at

www.facebook.com/HesstonCommunityVacationBibleSchool

Paper registration available at the library and area churches.

Summer Volunteer Program

Youth ages 12 to 17

are invited to become a

Volunteer at Schowalter Villa

May 31 - July 25

Application required and must be submitted by May 17. Spaces are limited.



Examples of volunteer activities:

- Board games
- Baking
- Bingo
- Crafts
- Balloon volleyball
- Reading to residents
- Word games
- Wheelchair rides/joy rides
- Therapy dog games
- Child Development Center visits
- Manicures
- Ushering at chapel
- Exercise
- Bell Choir

SCHOWALTER VILLA
BLUESTEM COMMUNITIES

Contact Rachel Bucklin,
620-327-3497 or rachelb@bluestemks.org

Orientation at Villa Life Center
Friday, May 31
200 W. Cedar, Hesston

2nd Annual Bluestem Communities

PACE RACE 5K

..... Run/Walk

SATURDAY APRIL 6 9 AM

Registration and more details at:
BLUESTEMPACE.ORG/EVENTS

BLUESTEM PACE
BLUESTEM COMMUNITIES

BENEFITING THE
BLUESTEM PACE GOOD
NEIGHBOR FUND

This event is funded in part by a grant from the McPherson
Convention and Visitors Bureau.

113 S. Ash • McPherson, KS

HESSTON
CITY-WIDE GARAGE SALE
Saturday, June 8

For more information about the City-
Wide Garage Sale and how to
participate, contact *The Hesston*
Record at 327-4831.

CITY-WIDE GIVEAWAY DAY
Friday, June 14

Put items you don't want anymore on
your front curb and people will go
around collecting good used items that
can be reused.

CITY-WIDE CLEAN-UP DAY
Saturday, June 15





Dyck Arboretum of the Plains

177 West Hickory, Hesston, Kansas 67062
620-327-8127 • arboretum@hesston.edu
www.dyckarboretum.org

FloraKansas Native Plant Festival

April 26 to 29, 2019 (Member-Only Day: April 25)

We are excited to host our first FloraKansas from the newly completed Horticulture and Utility Building (HUB)! The FloraKansas Native Plant Festival will still include the traditional plant sale hours. The member pre-sale will be on Thursday, April 26th from 8 a.m. to 7 p.m. and the public sale of plants will be available on Friday, April 27th through Monday, April 30th (see our Native Plant Guide or website for all hours).

Stay tuned for a more detailed schedule of the Festival. In the meantime, enjoy perusing your plant list and planning your native garden for 2019. Current Arboretum members may submit plant pre-orders until April 15th.

Pottering on the Prairie - March 23

Calling all herbologists and their families and friends!

Join us for a morning of Pottering on the Prairie on Saturday, March 23, 9 AM – 12 PM, when visiting Professors MacGoering and Krause, will open the Dyck Arboretum's very own Spiderworts School of Herbology.

Discover the magic of the prairies as wands wave, brooms swish, seed balls sail, potions brew, owls fly, and more! And you can even earn a certificate of achievement from the Spiderworts School!

Cost is \$10 for children/students or \$12 for adults. Registration cost will increase by \$5 after March 15th.

Join us for Native Plant School!

Cost per class is \$10/ person, \$9/members. No class size limit.

Native Landscape Maintenance, Thursday, March 7 at 7 p.m.

In this session you will learn the tips and tricks of pruning, limbing, trimming, and mulching that will keep your garden looking its best. This will include information about fall and spring clean-up practices that will improve your yard and its habitat value for insects and birds.

Plant Propagation, Thursday, March 21 at 7 p.m.

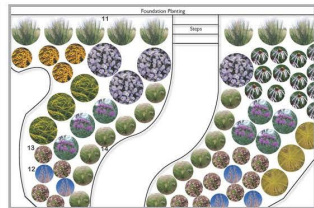
Come learn with us about propagating your own plants via seed or cutting. We will cover the biology of seeds and how to get the best germination rates as well as proper technique for rooting fresh cuttings.

Composting, Saturday, March 30 at 9 a.m.

Composting is an easy and rewarding way to turn your kitchen scraps and yard waste into useful material while also saving it from the landfill. We will learn about compost pile biology, construction and maintenance as well as how to build your own rolling compost bins.

Gardening for Wildlife, Thursday, April 11, 2019 at 7 p.m.

This class will focus on how to create a home landscape that supports wildlife. Attract birds and insects to your yard by educating yourself on host plants, food sources, and eco-friendly landscape management practices.



Arboretum Admission Fees

Admission: \$2 for Adults, \$1 for Children
Members get in FREE.
Stop in to the Visitor Center or visit our website to learn more about becoming a member!

Summer Hours

Grounds are open from dawn until dusk.
Office and Gift Shop Hours: 9 a.m. to 4 p.m. Mon-Fri
9 a.m. to 2 p.m. Saturday
CLOSED SUNDAY

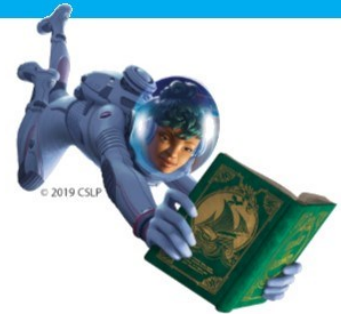


Summer Reading Program 2019

Hesston Public Library

Join us this summer to discover a
UNIVERSE OF STORIES

June 3 through July 27



Join us weekly for *COSMIC* summer programs. Summer Reading activities are free and open to all; you just need to register once for the Summer Reading Program.

Receive your first **READING TICKET** when you register for the Summer Reading Program. Complete 5 activities on the ticket in a week to receive a surprise; get a new ticket each week. Can you collect all 8 surprises this summer?!

Information on weekly themes and a schedule will be available in May. To stay up-to-date on library events, visit www.hesstonpubliclibrary.com or “Like” Hesston Public Library on Facebook.

NEW

Hesston Public Library

300 N. Main St. • Hesston, KS 67062
620.327.4666
hesstonpubliclibrary@gmail.com
www.hesstonpubliclibrary.com

Sign Up **ONLINE** (anytime)
or at the Library beginning May 20
hesston.scklf.info/events-programs/SRP



Home Sweet

HESSTON

A Community-wide Homecoming event



**Mark your calendars for
Sept. 25-28**

More details to be shared summer 2019!



Hesston Junior Golf

Play Days:

- There will be 6 weeks of play days that take place on Monday mornings at Hesston Golf Course on June 3, June 10, June 17, June 24, July 1, and July 8. The make up day will be July 15 if we have a rainout. There will be a 3 Hole, 6 Hole, 9 Hole, and an 18 Hole Division based on each player's ability. Weekly prizes will be awarded and season-long standings will be kept.
- For our younger players we would like to have a parent, grandparent, babysitter, etc. be there to help walk and keep score with each group.
- Cost:** \$85 (This includes all play days, summer pass for the junior golfer, and a range pass) **OR** \$30 (just includes the 6 play days)

Group Lessons:

- We will be putting on group lessons for four weeks: Tuesday, May 28; Wednesday, June 5; Tuesday, June 11; and Tuesday, June 18. These will take place between 8 a.m.-noon at Hesston Golf Course. The makeup day will be Tuesday June 25.
- Groups will be made based on abilities. Please let us know how many years your son or daughter has been involved in the game of golf. We want to make the groups as even as we can in order to maximize instruction. Beginner lessons will only last 30 minutes, and the more advanced lessons will be 45 minutes.
- Items that will be covered during group lessons include grip, stance, swing, putting, & chipping. Our juniors will learn new drills that they can take with them to help with different parts of their game.
- All instruction will be given by Grady Pauls and his staff at Hesston Golf Course.
- Cost:** \$50 for four weeks of instruction.

Play Day Sign Up:

Name of Junior Golfer: _____ Age: _____

Parent Name: _____ Email: _____

Cell Phone Number: _____

Please mark which section they would like to play in. Understand we may move them around based on past experience or scores that they shoot in early weeks.

3 Holer (9 a.m.): _____ 6 Holer (9 a.m.): _____ 9 Holer (8 a.m.): _____ 18 Holer (7:30 a.m.): _____

Group Lesson Sign Up:

(Write Same As Above If Signing Up For Both, Do Not Forget the Years Played Below!!)

Name of Junior Golfer: _____ Age: _____

Parent Name: _____ Email: _____

Cell Phone Number: _____

How many years has your junior played golf? _____

Any other notes we need to know about your golfer:

I am paying for Play Days Only (\$30): _____

I am paying for Group Lessons Only (\$50): _____

I am paying for Play Day, Summer Pass, and Range Pass (\$85) : _____

Total Cost: _____

***Make all checks payable to Hesston Golf Course and attach with this entry form. They can be turned in to the pro shop at Hesston Golf Course. All entry forms are due by May 22, 2019. Please contact Grady Pauls at paulsgrady@gmail.com with any questions. Thanks!



**HAPPENING AT HAS CENTER
SPRING & SUMMER 2019**

Saturday, April 6 -

APRIL FOOLISH GARAGE SALE

8:00 am - Noon

&

Biscuits & Gravy Breakfast

7:30 - 9:30 am

Community Breakfasts - 7:30 - 9:00 am

Saturdays - May 4, June 1 & July 6

(no breakfast in August)

**"The Coffee is
Always On"**

Center Hours -
Monday-Friday
8AM - 4PM
(620) 327-5099

****MARK YOUR CALENDARS****

**COMMUNITY FISH FRY
FRIDAY, JULY 26**



ARE YOU 60 & OLDER?

WE INVITE YOU TO JOIN US FOR LUNCH

LUNCH SERVED EVERY DAY

@ NOON

Hesston Senior Center

108 E Randall

**Enjoy a nutritious, hot lunch meal and take home
frozen meals for the evenings & weekends**

BY DONATION - \$3/meal Suggested Contribution

**For Details or to Register & Make Meal Reservations
Call 327-5099**

Monthly Meal Calendars Available at HAS Center

LIL' CHEER CAMP SET FOR SEPT. 7



17th Annual Lil' Cheer Camp
 Saturday, September 7
 K-2nd grade-8:30-10:00 am
 3rd grade-5th grade-10:30-12:00 pm
 6th grade-8th grade-1:30-2:45 pm
 High School Gym



The Hesston High School cheerleaders will introduce basic cheerleading motions to K-8th grade girls. They will also learn chants, a cheer, and a short routine to perform at half-time of the home game against Larned on Friday, September 13. The 6th-8th graders will also be learning dances and STUNTS! Please wear tennis shoes. Wear your shirt to the game and get in FREE! Keep the top portion of this form so you know what time your child should attend. We hope to see each of you there!

Questions? Contact Courtney Unruh at: courtney.unruh@usd460.org.

Name _____ Grade _____
 Address _____
 Parents' Names _____
 Home Phone Number _____
 Cell number _____

T-Shirts:	Youth Small _____	Adult Small _____	*FEES*
	Youth Medium _____	Adult Medium _____	K-5 th (\$30)
	Youth Large _____	Adult Large _____	6 th -8 th (\$35*)
			*COST INCLUDES BOW)

MAKE CHECKS PAYABLE TO COURTNEY UNRUH

AUTHORIZATION: As the parent/guardian of _____, I give permission for my daughter to participate. I realize that the nature of the sport may provide some opportunity for injury and understand that Hesston Recreation and the Hesston Spirit Squad assumes no responsibilities for such. I certify that this child is physically capable of participating.

Parent/Guardian Signature: _____ Date: _____

*This form and fee should be sent by Friday, August 30, to:
 Courtney Unruh
 204 E Hickory
 Hesston, KS 67062

*Registrations received after August 30th will not be guaranteed a shirt.

Hesston Kids Connect Summer Camp

Monday, May 20 – Friday, August 9, 2019

Hesston Intergenerational Child Development Center offers parents a day-care option called Hesston Kids Connect Summer Camp. **We are open 6:15 a.m. - 6 p.m.** Located in the HES basement.

The costs are:

- ___ 5 days per week-\$160/wk
- ___ 4 days per week-\$140/wk
- ___ 3 days per week-\$115/wk
- ___ 2 days per week -\$85/wk

Activity fee: \$25 per child or \$50 per family, this will cover the cost of a T-shirt, water bottle, and a string backpack.

The costs include breakfast, a hot lunch and a snack each day, plus one swimming activity weekly at our local pool, and community outings.

Come join us for Hesston Kids Connect Summer Camp where we will be exploring the community around us!

Our Daily Summer Themes Are:

Make Something Monday: We will focus on arts/crafts and science experiments

Time to Read Tuesday: We will visit our local library and get to check out books

What's Cooking Wednesday: We will be exploring different foods

Be Thoughtful Thursday: We will find ways to give back to our community

Something Fun Friday: The kids will be able to choose the activities for the day

We will be learning and having fun while exploring the community around us.

There are many parks and local businesses that we will visit along with finding ways to help our community. Outings to the Villa, Hesston College campus and Dyck Arboretum are a few places we plan to visit often. We look forward to an exciting summer with your child.

Enrollment forms and a Summer Camp Contract can be picked up at Hesston Intergenerational CDC, 441 Neufeld Dr. (behind Schowalter Villa).

Feel free to call 620-327-3775 for more information.





SCHOOL SPORTS PHYSICALS

HENDRICKSON CHIROPRACTIC & HEALTH CENTER

111 W. Smith St., Hesston - 620.951.4497

508 N. Main St., Newton - 316.283.6363

\$25 sports physicals year-round

Sports physicals available by appointment M-F 10am-6pm.

During the weeks of July 22- Aug 2 \$10 from each physical will be donated to the school of your choice.

Call to schedule an appointment. Forms available.

NICKELL CHIROPRACTIC CLINIC

359 N Old Hwy 81, Hesston

Cost \$25

Monday, June 3, 2019 - 3-5 pm walk-in

You will need to provide your own school sport physical form.

PARTNERS IN FAMILY CARE

110 E Smith St., Hesston

Student athletic physicals will be completed without charge alongside any Well Child Check provided by Partners In Family Care – Hesston. Scholarships are available for students without insurance who meet a financial need.


Contact the USD 460 Athletic Director for more scholarship information.

Please mention your scholarship when scheduling your appointment with Partners In Family Care – Hesston and bring your acceptance letter you received from USD 460 for free or reduced lunches to your appointment.

Phone: 620.327.2314

BIG Fit

2019

 KANSAS
LEARNING CENTER
for Health



BIG FIT is a summer camp for kids who have completed K-3rd grades and is designed to encourage total fitness. Call 316-835-2662 for more information.

Check out our new classes



Sunrise Fitness:

Wednesday and Friday, 5:30-6:15 a.m.
Tackle your day with this high-energy workout combining HIIT, kickboxing and more.

Evening Yoga:

Monday and Wednesday 6:15-7:15 p.m.
For anyone who wants to increase strength, flexibility and balance. This yoga is the perfect mix between gentle and intermediate styles.

Tai Chi:

Monday 10-11 a.m.
A self-paced system of gentle physical exercise, relaxation, and stretching. Each posture flows into the next without pause, ensuring that your body is in constant motion.

Classes FREE with membership.



Personalized fitness & nutrition programs

at Bluestem Wellness Center in Hesston



- 8-week nutrition program \$75
- 8-week fitness program \$100
- BEST VALUE 8-week fitness and nutrition program \$150
- 10 training sessions \$350

Call 620-327-2323 to schedule!

Join or renew in March to receive

- 1 month free
- Waive your \$25 joiner fee
- 10 visit day pass card (\$50 value)

ALREADY A MEMBER?

- Get one month free membership when you refer a friend who joins in May
- Bring a friend free weeks—March 4-8 and 18-22

Spring hours

Monday-Thursday 5:30 a.m.-9 p.m.
Friday 5:30 a.m.-8 p.m.
Saturday 7 a.m.-5 p.m.
Sunday 1-5 p.m.

After Hours Access Available

Open—May 27, Memorial Day, 7 a.m.-1 p.m. - no classes
Closed—April 21, Easter • May 12, Mother's Day
No Exercise classes—May 20-24

620-327-2323 | hesstonwellness.com | 701 S. Main, Hesston | 

HESSTON COLLEGE THEATRE CAMP

**NEW
TWO-WEEK
FORMAT FOR 2019!**

**Ages 11-18
June 17 to 28 (weekdays)**

**PRESENTING:
SCHOOL
HOUSE
ROCK!**
live!

Performance and tech roles available

12:30 to 4:30 p.m. daily in Kelm Center

Registration: \$90 per person

(Families registering more than one student will pay full price for the first student and receive a \$10 discount for each additional student.)

More information at hesston.edu/theatre-camp

**Contact Rachel Jantzi, 620-327-8142
or rachelj@hesston.edu**

Come "rock" the stage with us June 17-28, in a weekday camp from 12:30 to 4:30 p.m., with a public performance at 7 p.m., Friday, June 28. Auditions will take place during camp, but everyone who wants a part in the show will get one! They will also help build props, costumes and run the lights. **Register by June 10.** For information about financial assistance, contact Rachel Jantzi. See more information at hesston.edu/theatre-camp.

Student name(s) _____

Address _____

City/State/ZIP _____

Age(s) (as of June 17, 2019) _____ Grade(s) in school for 2019-20 year _____

Primary contact person/Relationship _____

Primary contact phone/email _____

Play Hesston College's disc golf course!



**9 holes on the
north end of campus!**

Due to construction, hole 6 will be
unavailable through August 2019.

**HESSTON
COLLEGE** 
START HERE, GO EVERYWHERE



SOPHOMORE & JUNIOR DAY

Get a head start on college visits
with a glimpse at the Hesston
College student experience.

Parents welcome!

Saturday, April 6

9 a.m. to 2 p.m.

For more information
or to register for the day,
contact admissions@hesston.edu
or 620-217-4221.

HESSTON COLLEGE THEATRE PRESENTS



*Pen to Paper
to Performance*

10-Minute Play Festival

FEATURING ORIGINAL PLAYS
BY LOCAL PLAYWRIGHTS.

TICKETS:

\$4 for students \$8 for adults and seniors

Tickets available at the door starting at 6:15 p.m.

the night of the show. Limited seating.

SHOWTIMES:

APRIL 26.....7 P.M.

APRIL 27.....7 P.M.

Keim Center Black Box Theatre

Located on the Hesston College Campus



SPRING/SUMMER DEADLINES & DATES

MARCH

March 17— Free movie showing of "Small Feet"
March 22 — Youth soccer registration deadline
March 22—Registrations due for succulents class
March 23—Pottering on the Prairie at Dyck Arboretum
March 28 — Babe Ruth organizational meeting
March 30—Succulents class

APRIL

April 1 — Summer rec job application deadline
April 5—Youth baseball/softball and Babe Ruth registration deadlines
April 6—Sophomore-Junior Day at Hesston College
April 6—April Foolish breakfast & garage sale at Hesston Area Senior Center
April 6—Pace Race 5k
April 7—Swim team meeting at 4 p.m.
April 7, 14 & 28 —Youth soccer camp
April 15—Tulsa trip registration deadline
April 17—Registration deadline for Pre-K & K baseball registrations
April 18 - Baseball/softball coaches' meeting
April 19 — Easter egg hunt
April 19 — Hesston Recreation office closed for Good Friday
April 19 - Football skills camp deadline—1st-6th graders
April 19—Men's softball registrations/fees due
April 21—Easter
April 25—Emma Creek 5k packet pickup from 2-6 p.m.
April 26—Emma Creek 5k packet pickup from 9 a.m.—3 p.m.
April 26-27 — Hesston College Theatre 10-minute play festival
April 26-29 —FloraKansas Plant Sale at Dyck Arboretum
April 27 - Emma Creek 5K at 9:30 a.m.

MAY

May 1 - Swim team registration deadline
May 1 - nErDcampKS Kids deadline
May 4—Youth track meet
May 4—Hesston Area Senior Center community breakfast
May 4 & 11 —Football skills camp—1st-6th graders
May 6 - Boys basketball camp deadline
May 12 - Mother's Day
May 13 - "Loving the Real H-Town" deadline for registrations brought to HMS
May 17 — Last day of school for USD 460—out at noon
May 17 - RLast day to register for Blue Sky Tri and get shirt
May 19 - Members-only day at Hesston Aquatic Center from 1-5 p.m.
May 20 - **POOL OPENS TO PUBLIC 1-5 P.M.**
May 20 - Pitching machine practice begins
May 21 - Registration deadline for Vacation Bible School
May 22 - Registration deadline for swim lessons starting June 3
May 22 — Junior Golf deadline
May 23 - Online registration ends for Blue Sky Tri
May 24 - Sign-up deadline for Swather Girls' Basketball Camp to ensure shirt
May 25 & June 1 — HMS football camp—4th-7th graders
May 27 — Hesston HayDay & Blue Sky Tri
May 27—Swather Chef first class deadline
May 27 — Junior Tennis deadline
May 27 - Memorial Day
May 27 — Registration deadline for Swather Chefs class beginning June 3
May 27-30 - Swather Boys' Basketball_Camp
May 28 - Junior Tennis begins
May 28-31—Vacation Bible School
May 29-June 26—Little Minnow & Big Minnow classes
May 31-July 25 - Summer volunteer program at Schowalter Villa

JUNE

June 1 - Wahoo swim-a-thon
June 1—Hesston Area Senior Center community breakfast
June 3, 4, 6 & 7—Swather Chef first class
June 3-6 - Swather Girls' basketball camp
June 3-14 - Session 1 swim lessons
June 3-July 27 - Summer Reading Program at Hesston Public Library
June 4 - nErDcampKS Kids
June 6 — Lots of Art registration deadline
June 7 — Junior Lifeguard class pt. 1 deadline
June 8 - City-wide Garage Sale

June 10 — Hesston College theatre camp deadline
June 10 - Sign-up deadline for Swather Volleyball Team Camp to ensure shirt
June 10-13 - Big Fit
June 12 - Registration deadline for swim lessons starting June 24
June 12 - Junior Lifeguard precourse skill evaluation
June 12-13—Tulsa trip
June 13 — Eisenhower Library day trip for kids deadline
June 14 - City-wide Giveaway Day
June 14 - "Loving the Real H-Town" deadline for registrations brought to Hesston Public Library
June 15—Swather Chef second class deadline
June 15 - City-wide Clean-up Day
June 16 - Father's Day Swim & ice cream social at pool
June 16 - Father's Day
June 17-21 — Junior Lifeguard class pt. 1
June 17-28 - Hesston College Theatre Camp for ages 11-18
June 21—Explore STEM class deadline
June 24, 25, 27 & 28 —Lots of Art class
June 24, 25, 27 & 28 —Swather Chef second class
June 24-July 3 — Session 2 swim lessons
June 26 — Eisenhower Library day trip for kids
June 26 - Junior tennis tournament

JULY

July 1— Registration deadline for Sew What & Tumbling/Intro to cheer classes
July 3 — Registration deadline for swim lessons starting July 15
July 4 — HRCE office closed for Independence Day
July 6—Hesston Area Senior Center community breakfast
July 8—Rolling Hills Zoo day trip for kids deadline
July 8 & 9 - Swather volleyball team camp for grades 9-12
July 8-12 - "Loving the Real H-Town" community camp
July 15-16 & 18-19 - Explore STEM & Tumbling/Intro to Cheer classes
July 15-19 — Sew What class for kids
July 16-18 - Swather volleyball team camp for grades 3-8
July 15-26 - Session 3 swim lessons
July 17—Rolling Hills Zoo day trip for kids
July 18 —Hesston Football Club parent meeting
July 19 — Junior Lifeguard class pt. 2 deadline
July 20—Wichita Art Museum day trip for kids deadline
July 22-26 & Aug. 1 —Hesston Football Club camp
July 25—Flag football deadline
July 26 - Hesston Area Seniors' annual fish fry
July 27-28 — Beat the Heat free admission to the pool
July 29-Aug. 1 — Junior Lifeguard class pt. 2
July 31—Wichita Art Museum day trip for kids

AUGUST

Aug. 1 - USD 460 enrollment day
Aug. 2 - Outdoor soccer & girls volleyball registration deadlines
Aug. 7 - Last Chance Day free admission at pool
Aug. 30 - Lil' Cheer Camp deadline

SEPTEMBER

Sept. 2 - Hesston Rec office closed for Labor Day
Sept. 7 - Flag football games begin
Sept. 7 - Lil' Cheer Camp
Sept. 25-28—Home Sweet Hesston celebration (details later)

